



Sport-LT

USER GUIDE



Welcome to the Sport – LT Family!

Congratulations on purchasing your Sport-LT. The Sport-LT is the only portable light therapy unit designed specifically to help enhance recovery of Carpal Tunnel Syndrome, Tennis/ Golfer's Elbow and other repetitive wrist and arm injuries. Rigorous testing has shown that light therapy accelerates healing, decreases inflammation and provides fast relief after just a few treatments. It is a safe, non-invasive alternative to surgery and can help get you back to your game fast!






It's Portable! It's Durable! It's Rechargeable!

Designed and manufactured in the U.S.A.!

Sport-LT Operation

To begin using your Sport - LT, press power button once. The status light will perform a quick self-test of system, beep once, and then turn to the last setting that the unit was used in.

Press up to three times for the various treatments.

COLOR		USE
RED		Surface or skin injuries
GREEN		Tennis/Golfer's Elbow
BLUE		Carpal Tunnel Syndrome
YELLOW		Flash - low battery, recharge unit
VIOLET		Flash - overheated, unit will shut down

Unit will beep 1 minute before completion, then will beep for 2 seconds at completion of treatment. To stop the unit at any time, press and hold the power button for 5 seconds or until the status light blinks. Then release the button and the unit will turn off.

Charge the unit as needed with the supplied USB charger/cable only. When the RED charging status light goes off, the unit is fully charged. You will have approximately 6-8 treatments on BLUE until the battery is discharged and approximately 10 treatments on GREEN & RED. **Do not use the system while it is charging.**

Begin with 1 treatment, 2 X each day for the first week, on the elbow or wrist area directly centered over where the pain is or where the inflamed tendon connects. The Sport-LT is most successful when used with other modalities of treatment, such as exercise, ice therapy and sometime splinting the wrist in cases of moderate to severe Carpal Tunnel Syndrome.

Most users begin to find relief after 3-4 days of using the Sport-LT.

www.Sport-LT.com

Your Sport-LT includes:

- Sport - LT unit
- Wrist strap
- Arm strap
- USB Charger
- USB Cable
- Padded Case
- Manual



Product Specifications

Safety Design Guidelines

- IEC/EN 62471, IEC/TR 62471-2 and IEC/TR 62778
- CE approved
- Internal over temperature protection
- Power components recognized by UL, CE and RoHS
- Latex-free elastic straps
- Automatic treatment turn off after 12 minutes
- Bi-chromatic: 17 high power LED's 660nm & 850nm (No dangerous Lasers)

Size: 3.4" x 3.1" x 1.37" (86mm x 79mm x 35mm)

Weight: 7.6 oz (unit only)

Patent Pending

www.Sport-LT.com

Product Care:

- ◆ Charge the unit completely before first use.
- ◆ Install proper strap—wrist or elbow
- ◆ Intended for use on arms, hands, legs, and feet only.
- ◆ DO NOT operate in water or expose to moisture.
- ◆ DO NOT expose to extreme temperatures.
- ◆ DO NOT use near the abdomen if pregnant.
- ◆ DO NOT use with creams or ointments.
- ◆ DO NOT place directly on open wound or broken skin.
- ◆ Consult with your doctor before using if active cancer is present.
- ◆ Clean with lightly damp cloth with mild dishwashing soap.
- ◆ Charge the Sport - LT unit only with the USB charger provided by Innovative Light Therapy, Inc.
- ◆ The Sport - LT is not a substitute for Physician prescribed medical care. Please consult a physician for serious injuries.

Warranty Information

It is our goal to do all that we can to provide our customers with the best value in quality light therapy products on the market. Innovative Light Therapy, Inc. warrants each new Sport-LT to be free from defects in materials and workmanship for a period of one (1) year. The obligation of Innovative Light Therapy under this warranty is expressly, solely and exclusively limited to the repair or replacement of the unit(s) or any parts thereof, which to the satisfaction of Innovative Light Therapy, shall have become defective during the warranty period. This warranty does not extend to any liability to medical expenses or for any other direct, indirect or consequential damages caused by failure, defect or malfunction of any Innovative Light Therapy product, except as herein provided. This warranty shall not apply to any Innovative Light Therapy product that has been repaired, tampered with or altered by someone other than an authorized Innovative Light Therapy representative. The power supply and securing straps must be provided by Innovative Light Therapy or authorized representative. If items of this nature not provided by Innovative Light Therapy or an authorized representative are used with an Innovative Light Therapy system, this warranty will be voided. Additionally, Innovative Light Therapy will not be held liable for any mishaps relating to the Innovative Light Therapy product. The Sport-LT is warranted by Innovative Light Therapy and is deemed to be their only warranty honored by Innovative Light Therapy in lieu of any and all warranties expressed or provided by any and all other merchants, distributors, companies or persons. No person or entity has any authority to bind any Innovative Light Therapy product to any warranty or guarantee except as specifically set forth herein.

You may return items within 30 days of purchase for a full refund minus a 20% restocking fee. Email us at info@innovativelighttherapy.com with your order number and we will help you through the process. Once your item is received, it will be inspected and processed. You should receive a credit to your payment method within 7-10 days. All items should be sent insured and properly packaged. Innovative Light Therapy assumes no responsibility for a lost or damaged product while in shipping.

Innovative Light Therapy disclaims all other warranties, either express or implied, including but not limited to implied warranties relating to the use of the product and/or result from the use of the product and any warranties which may be implied as a result of the purpose for which the product was manufactured. Not every person may obtain desired results from the Sport-LT system. In no event will Innovative Light Therapy be held responsible or liable for any failure to produce claimed results arising out of the use or non-use of any Innovative Light Therapy product.

CE

